

**V'a-hav-ta** eit A-do-nai E-lo-he-cha

b'chol l'vav-cha u-v'chol naf-sh'cha,

u-v'chol m'o-de-cha.

V'ha-yu ha-d'va-rim ha-ei-leh

a-she'r A-no-chi m'tza-v'cha ha-yom al l'va-ve-cha. **עַל לְבָבְךָ. אֲשֶׁר אֲנֹכִי מְצַוְךָ הַיּוֹם, עַל לְבָבְךָ.**

V'shi-nan-tam l'va-ne-cha

v'di-barta bam b'shiv-t'cha b'vei-te-cha,

u-v'lech-t'cha va-de-rech

u-v'shoch-b'cha u-v'ku-me-cha.

U-k'shar-tam l'ot al ya-de-cha,

v'ha-yu l'to-ta-fot bein ei-ne-cha.

U-ch'tav-tam al m'zu-zot bei-te-cha

u-vi-sh'a-re-cha.

**V'ha-yah im sha-mo-a**

tish-m'u el mitzvotai

a-she'r A-no-chi m'tza-veh et-chem ha-yom,

l'a-ha-vah et A-do-nai E-lo-hei-chem,

u-l'ov-do b'chol l'vav-chem,

u-v'chol naf-sh'chem,

v'na-ta-ti m'tar artz'chem b'i-to,

yo-reh u-mal-kosh, v'a-saf-ta

d'ga-ne-cha v'ti-ro-sh'cha v'yitz-ha-re-cha.

V'na-ta-ti ei-sev b'sad-cha liv-hem-te-cha,

v'a-chal-ta v'sa-va-ta.

Hi-sha-m'ru la-chem pen yif-teh l'vav-chem,

v'sar-tem va-a-vad-tem e-lo-him a-chei-rim

v'hish-ta-cha-vi-tem la-hem.

**וְאֶהְיֶה אֶת יְיָ אֱלֹהֶיךָ**

**בְּכָל לְבָבְךָ וּבְכָל נַפְשְׁךָ**

**וּבְכָל מְאֹדְךָ.**

**וְהָיוּ הַדְּבָרִים הָאֵלֶּה,**

**אֲשֶׁר אֲנֹכִי מְצַוְךָ הַיּוֹם, עַל לְבָבְךָ.**

**וְשִׁנַּנְתֶּם לְבַנְיֵיךָ**

**וְדַבַּרְתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ**

**וּבְלַכְתְּךָ בַּדֶּרֶךְ**

**וּבְשֹׁכְבְּךָ וּבְקוּמְךָ.**

**וְקָשַׁרְתָּם לְאוֹת עַל יָדְךָ**

**וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ**

**וְכָתַבְתָּם עַל מְזוּזוֹת בֵּיתְךָ**

**וּבְשַׁעְרֶיךָ.**

**וְהָיָה אִם שָׁמַעַ**

**תִּשְׁמָעוּ אֶל מִצְוֹתַי**

**אֲשֶׁר אֲנֹכִי מְצַוֶּה אֶתְכֶם הַיּוֹם,**

**לְאֶהְיֶה אֶת יְיָ אֱלֹהֵיכֶם,**

**וּלְעַבְדוֹ בְּכָל לְבַבְכֶם**

**וּבְכָל נַפְשְׁכֶם.**

**וְנָתַתִּי מָטָר אֲרָצְכֶם בְּעֵתוֹ,**

**יּוֹרֵה וּמְלֻקוֹשׁ, וְאֶסַּפְתָּ**

**דָּגְנְךָ וְתִירֹשְׁךָ וְיִצְהַרְךָ.**

**וְנָתַתִּי עֵשֶׂב בְּשֹׁדֶךָ לְבְהֵמָתְךָ**

**וְאָכַלְתָּ וְשִׂבַּעְתָּ.**

**הִשְׁמְרוּ לָכֶם פֶּן יִפְתֶּה לְבַבְכֶם,**

**וְסָרְתֶם וְעַבַּדְתֶּם אֱלֹהִים אֲחֵרִים**

**וְהִשְׁתַּחֲוִיתֶם לָהֶם. ←**

**V'ahavta**

And you are to love Adonai your God

with all your heart, with all your soul,

and with all your might.

These words

that I command you today shall be upon your heart.

You should teach them to your children

speaking of them when you sit in your house,

and when you go on your way,

when you lie down and when you rise up.

Bind them as a sign upon your hand,

and let them be a symbol between your eyes.

Write them upon the doorposts of your house

and upon your gates. — *DEUTERONOMY 6:5-9*

**V'hayah Im Shamo-a**

And if you will surely listen

to My commandments

that I command you today,

to love Adonai your God,

and to serve God with all your heart,

and with all your being,

then I will provide rain for your land in its time,

the early rain and the late rain, so you may gather

your grain, your wine, and your oil.

I will provide grass in your field for your cattle,

and you will eat and be satisfied.

Beware that your heart not be seduced,

and you turn astray and worship other gods

and bow to them.

**And Thou Shalt Love**

Hear O Israel! Adonai our God.

Adonai is One.

And thou shalt love the Lord thy God with all thy heart, with all thy soul, and with all thy might. And these words which I command thee on this day shall be upon thy heart. And thou shalt teach them diligently unto thy children, and thou shalt speak of them when thou sit-test in thy house, when thou walkest by the way, and when thou liest down, and when thou risest up. And thou shalt bind them for a sign upon thy hand, and they shall be for frontlets between thine eyes. And thou shalt write them on the doorposts of thy house, and upon thy gates.

That ye may remember and do all of My commandments, and be holy unto your God.

— *Classic Translation*

**Open Your Heart**

Open your heart and mind to the glory of the One, and seek after holiness with all your might. These words which have commanded our people through all generations shall be in your heart.

Teach them to your children. Speak of them at home and when you travel, when you lie down and when you get up.

Bind them to your hand as a reminder and let them be an ornament on your brow. Write them on the doorposts of your house and on your gates.

— *Judith Kerman*